

ALWAYS TAKE MOTHER'S ADVICE.

Mother's Medicine Chest.

When we look back to childhood and think of what mother advised, we feel pretty certain that she advised what was right from her own experience. She inherited later in her instinct of motherhood a knowledge of childhood ailments and a certain class of remedies that she knew well and their effects. Experience after all is the best teacher. Most mothers know as well as doctors and often better, what ails a young girl on the threshold of young womanhood and what she needs. For nearly forty years many mothers have recommended to ailing girls a prescription made from well-known native medicinal plants. Lady's Slipper root, Golden Seal root, Black Cohosh root, Unicorn root, Blue Cohosh root and chemically pure glycerine make one of the best prescriptions for the periodical troubles and afflictions which visit womanhood at one time or another. Prof. F. Ellingwood, M. D., of Bennett Medical College, says of Lady's Slipper root: "It exercises special influence upon nervous conditions, depending upon disorders of the feminine organs—relieves pain, restlessness and nervousness." Prof. Jno. M. Scudder, M. D., says of the same root, "It is valuable in all cases of nervous excitability or irritability." Of Golden Seal root, Edwin M. Hale, M. D., Professor of Materia Medica at Hahnemann Medical College, Chicago, says: "In its general effects on the system there is no medicine in use about which there is such general unanimity of opinion. It is universally regarded as a tonic useful in all debilitated states." Prof. F. Ellingwood, M. D., author of "A Treatise on Materia Medica and Therapeutics," says of Golden Seal root: "It is an important remedy in disorders of the womb." Of Black Cohosh root, Prof. Jno. M. King, M. D., author of "Women and Her Diseases," says: "Upon the reproductive organs it exerts a specific influence, promoting regularity. In dysmenorrhea (painful periods), it is surpassed by no other drug, being of the greatest utility in irritative and congestive conditions, for dragging pains resembling the pains of rheumatism and for side aches." Of Unicorn root the AMERICAN DISPENSARY says: "It is one of our most valuable agents, acting as a uterine tonic, and gradually removing abnormal conditions, while at the same time it imparts tone and vigor to the reproductive organs, hence it is much used in leucorrhoea, amenorrhoea (suppressed periods), dysmenorrhea (painful periods), etc."

Dr. John Effe, Editor of the "Eclectic Medical Review," says of Unicorn root (Helonias Dioica), one of the chief ingredients of Dr. Pierce's Favorite Prescription: "A remedy which invariably acts as a uterine invigorator and always favors a condition which makes for normal activity of the entire reproductive system, cannot fail to be of great usefulness and of the utmost importance to the general practitioner of medicine. In Helonias we have a medicament which more fully answers the above purposes than any other drug with which I am acquainted. In the treatment of diseases peculiar to women it is seldom that a case is seen which does not present some indication for this remedial agent." He continues: "Helonias (Unicorn root)—through its tonic and alterative influence—acts equally well in amenorrhoea (suppressed menstruation) and in menorrhagia (flooding or profuse menstruation). It is especially called for in cases of amenorrhoea which are accompanied by general debility and an atonic (weak) condition of the digestive organs, as it increases the appetite and promotes digestion and assimilation. When there is atony (weakness) of the generative organs and a tendency to miscarriage its tonic influence upon the sexual system

will aid much in bringing about a normal condition of the structures involved. In sterility and impotence its curative power is unmistakable, and within a reasonable time it will restore to healthful activity all cases not dependent upon organic wrongs, and in leucorrhoea and defective menstruation it is a frequently needed remedy."

The following are among the leading indications for Helonias: "Pain or aching in the back, with leucorrhoea; atonic (weak) conditions of the reproductive organs of women, mental depression and irritability, associated with chronic diseases of the reproductive system; amenorrhoea (suppressed menstruation), arising from, or accompanying an abnormal condition of the digestive organs and an anemic (thin blood) habit; dragging sensations in the extreme lower part of the abdomen."

If more or less of the above symptoms are present, no invalid woman can do better than take Dr. Pierce's Favorite Prescription, one of the leading and pre-eminent ingredients of which is Unicorn root or Helonias, associated with other equally efficient medicinal extracts of native roots.

From the above extracts it will be understood why Doctor Pierce is so successful in curing diseases peculiar to women with a carefully prepared glyceric extract of the above mentioned roots in just the right proportions—this compound being called Dr. Pierce's Favorite Prescription. As a solvent and preservative, glycerine is superior to alcohol and is entirely unobjectionable. The "Favorite Prescription" is the only medicine put up for sale through druggists for the cure of woman's peculiar ailments that does not contain alcohol and that too in large quantities. It is also the only non-secret medicine for women sold by druggists. Its ingredients are printed in full on the bottle wrapper and in plain English.

Dr. Pierce feels that he can afford to take the afflicted into his full confidence and lay all the ingredients of his medicines freely before them because these ingredients are such as are endorsed and most strongly praised by scores of the most eminent medical writers of all the several schools of practice as cures for the diseases for which these medicines are recommended.

Your druggists sell the "FAVORITE PRESCRIPTION" and also that famous alternative, blood purifier and stomach tonic, the "GOLDEN MEDICAL DISCOVERY." Write to Dr. Pierce about your case. He is an experienced physician and will treat your case as confidential and without charge for correspondence. Address him at the "Invalids' Hotel and Surgical Institute, Buffalo, N. Y., of which he is chief consulting physician."

It is as easy to be well as ill—and much more comfortable. Constipation is the cause of many forms of illness. Dr. Pierce's Pleasant Pellets cure constipation. They are tiny, sugar-coated granules. One little "Pellet" is a gentle laxative, two a mild cathartic. All dealers in medicines sell them. A good medical book, written in plain English, and free from technical terms is a valuable work for frequent consultation. Such a work is Dr. Pierce's Common Sense Medical Adviser. It's a book of 1008 pages, profusely illustrated. It is given away now, although formerly sold in cloth binding for \$1.50. Send 21 cents in one-cent stamps, to pay for cost of mailing only for paper-covered copy, addressing Dr. R. V. Pierce, Buffalo, N. Y.; or 31 cents for an elegantly cloth-bound copy.

AFTER FURNITURE FOR PALMER HOUSE

Col. Frank Murphy Goes to Chicago Tonight.

Remodeling and Refurnishing Will Be Complete From Cellar to Garret.

HOTEL RUN ON DUAL PLAN.

Col. Frank S. Murphy, manager of the Palmer House, will leave tonight for Chicago to purchase new furniture and equipment for the hotel. Discussing the progress of the extensive improvements now being made about the hotel, Mr. Murphy said that the extent of the renovation would delay certain changes in the operation of the hotel, until the middle of August. The principal change will be the placing of the hotel upon the dual plan European and American. This will be welcome news to both transient and local patrons of the hotel.

The basement under the hotel is being rapidly completed and when finished will give the hotel twenty-two new rooms, as many departments now up stairs will be moved into the basement, thus increasing the capacity of the hotel. There will be 135 rooms altogether.

While in Chicago Mr. Murphy will purchase 100 new beds of an improved pattern; new bar fixtures; new barber shop fixtures, and other equipment. The tailor shop will remain in the hotel, and the space now occupied by the Columbia will be rearranged to face on Broadway and extend back through the present location of the barber shop. Every store in the hotel will have a basement.

The improvements alone to the hotel will cost \$75,000 and the new furniture and equipment will cost \$25,000 making this hotel when completed the handsomest of its size in the South. The old American plan rates of \$2.50 to \$3 will remain the same, while the European plan will be added.

A good complexion is impossible with the stomach out of order. If pasty sallow people would pay more attention to their stomachs and less to the skin on their faces, they would have better complexions. KODOL FOR DYSPEPSIA will digest what you eat and put your stomach back in right shape to do its own work. Kodol relieves palpitation of the heart, flatulence, sour stomach, heart burn, etc. Sold by Lang Bros.

A SPLENDID NEW SHORT STORY

WHILE THE JURY WAS OUT,
By Wm. Frederick Dix.

STARTS SATURDAY

If you are not reading the series of short stories The Sun is now running you are missing some mighty good fiction.

The stories are short—running two and three days only, and are written by the best short story writers of today.

See the list of good ones ahead of you and make up your mind to read them.

KING FOR A DAY,
By W. A. Fraser.

AT THE TUNNEL'S END
By Ray Stannard Baker.

CURRENCY TO COOKIES,
By Cecilia A. Lelzeaux.

INCREASE IN PAY OF THE TEACHERS

Averages Twenty Per Cent. in Last Three Years.

Competitive Examination Scheme Proves Successful in Public Schools.

ELECTION ON NEXT TUESDAY

The increase of pay to teachers in the Paducah public schools during the past three years amounts to a trifle over 20 per cent. This is a general average, but in some instances as high as a 33 per cent increase has been received, and it is all due to the movement inaugurated three years ago when teachers were required to stand a competitive examination for certificates, the salary to be based on the class of certificate held.

This has worked wonders in the schools, not only in the way of increasing salaries and making the positions more desirable, but its effect on the quality of teaching, and the results in the pupil.

Supt. C. M. Lieb has just completed figures to show the result in three years. Teachers are examined before being admitted to the teaching corps. Certificates are classified and salaries are based on the class of certificate. The class of certificate has nothing to do, however, with the assigning of the teacher, this being left to the superintendent and committee, the teacher being placed where it is thought he can do the most good.

"I find that this competitive examination is a very successful move," a well known school official stated this morning. "The examinations for teachers for certificates will be held on the 11th and 12th of June, and I find on looking over the list that we have 16 white teachers who will take the examination. Some are now working under extended certificates and some under special certificates given after special examinations. In both cases examinations have to be undergone after the school year is out before the teacher can teach again."

"I believe that this feature has done more for the good of the schools than any other scheme inaugurated in the last three years, and the results show it. Where teachers formerly got \$40 a month, they now get about \$50. This is an increase in school expenses, but the result is satisfactory in proportion."

The statistical report in regard to this matter will be furnished the school board probably at the next meeting that it might be seen what excellent results have been obtained.

Election of Teachers.

The election of teachers probably will be held by the school board the next meeting night, the first Tuesday in June. So far but two teachers have tendered their resignations. It is understood that four changes will be the extent of the election results this year.

Teacher Out.

Miss Blanche Ingram was out of the schools today on account of the funeral of her uncle, Milton Henry Ingram, and her grade was taught by Miss Elsie Hoewischer, of the graduating class.

Tennis Tournament.

The first tennis match in the present high school tournament, was finished yesterday afternoon and was won by Robert Halky over Lorenzo Emery. The first single resulted in a score of 6 to 2, and the second 6 to 1.

Agricultural Appropriation.

The agricultural appropriation bill was reported to the senate yesterday. It carries \$7,715,000, an increase of \$223,560 over the amount carried by the bill as it passed the house.

For a painful burn there is nothing like DeWitt's Witch Hazel Salve. There are a host of imitations of DeWitt's Witch Hazel Salve on the market—see that you get the genuine.

George Irving, the last surviving nephew of Washington Irving, marvelously hale and active at 82, is living at the Fifth Avenue Hotel, New York. Mr. Irving is practically the sole remaining member of the Irving family, of which he is engaged in writing a history.

Why take a dozen things to cure that cough? Kennedy's Laxative Honey and Tar allays the congestion, stops that tickling, drives the cold out through your bowels. Sold by Lang Bros.

IT WILL PAY YOU TO COME IN AND SEE THE GAS RANGE DEMONSTRATION THIS WEEK AT RHODES-BURFORD CO.

The Mother of All Diseases

Diseased Stomachs have been responsible for much of the CRIME of the world, not to mention trouble.

No sufferer from dyspepsia or indigestion can be normal—because it directly affects the most important functions of the whole body.

Even as poor coal in a poor furnace means poor heat and combustion, so, poor digestion means poor health, every time.

Go to any druggist and get a bottle of

Chase's Dyspepsia Cure

(LIQUID)

If after taking it according to directions for three days, you are not satisfied it is what you want, go to the druggist and get your money back without argument or question.

50c. and \$1.00 Per Bottle

THE CHASE MFG. CO., NEWBURGH, N. Y.

Payne's New Discovery

For Stomach, Bowels, Liver and Kidneys
\$1.00 per bottle, three for \$2.50, six for \$5.00

Payne's Quick Relief Oil, 25 cts.

Payne's Medicated Soap, 10c. All sold by SMITH & NAGEL

WILLIAMS WILL SELL YOU A BICYCLE ON EASY PAYMENTS

Reasons Why You Should Ride a Bicycle:

It is healthy, it is always ready for use, it is a pleasure, it will not get sick or die, it will save you car fare, it will take you home to lunch, it will save you a doctor bill.

EXPERT REPAIRING

The Tribune, Rambler, Monarch and Colonial Bicycles are the best that can be produced. \$15.00 up. See our stock of second-hand bicycles. Cheapest house in town for Tires, Bells, Pumps, Saddles, etc. Remember the place.



WILLIAMS BICYCLE CO.

126-128 North Fifth St., Next to Kentucky Theater

Shirt Bosoms Starched Right

Ever have your shirts returned from the laundry with the bosom starched only in spots and with starch daubed all around the neckband and sides of the bosom?

We have a machine which saves you from such annoyances.

No chance to daub starch all over the rest of the shirt with this machine.

Let us demonstrate its value to you.

THE UP-TO-DATE STAR LAUNDRY

Both Phones 200. 120 North Fourth St.

CITY TRANSFER CO

Now located at

Glauber's Stable.

We are ready for all kinds of hauling. TELEPHONE 499

KING BEE, a Tire for Heavy Riders

Made from high grade rubber and Sea Island Cotton, properly wrapped and frictioned. They are supplied with an extra heavy tread to resist punctures. We guarantee them to be perfect in construction and material and will replace free of charge any defective tire. We are SOLE AGENTS for this brand. We also carry a large line of M. & W. and all standard tires and a complete line of supplies. See our READING BICYCLES before you buy. They are those 50 mile an hour wheels and have more records than any other bicycle on the market. If you wish a luxury in the bicycle line call and see our

Thoroughbred Motor Cycle. Prices just right. Terms easy. Old bicycles taken in exchange.

Repairing Done By Mechanics

S. E. MITCHELL

Old Phone 2451-r New Phone 743

326-328 S. Third Street.

Hotel Belvedere

Formerly The Lagomarsino

BOB MOSHELL & CO.

Proprietors and Managers

This hotel, now under our management, has been improved in every department.

The dining room will be open day and night and is in charge of a competent steward.

All rooms are outside rooms and the sample rooms are large.

EUROPEAN PLAN